

ANAHEIM POLICE DEPARTMENT

POLICE OFFICER PHYSICAL AGILITY TEST STANDARDS AND SCORES

ENTRY LEVEL OFFICER

| EVENT | MAX POINTS | ← | | | | | | | MIN POINTS |
|-----------------|-----------------|---------------|---------------|----------------|----------------|----------------|----------------|----------------|---------------|
| 1.0 Mile Run | Under 7 minutes | 7:01-7:42 | 7:43-8:24 | 8:25-9:06 | 9:07-9:48 | 9:49-10:30 | 10:31-11:12 | 11:13-11:54 | 11:54-12:00 |
| Obstacle Course | Under 30 sec | 31-35 sec | 36-40 sec | 41-45 sec | 46-50 sec | 51-55 sec | 56 sec-1:00 | 1:01-1:05 | 1:06-1:10 |
| Pushups | 35+ | 34-31 | 30-27 | 26-23 | 22-19 | 18-15 | 14-11 | 10-7 | 6-3 |
| 440 Yd. Run | Under 1:30 | 1:31-1:35 | 1:36-1:40 | 1:41-1:45 | 1:46-1:50 | 1:51-1:55 | 1:56-2:00 | 2:01-2:05 | 2:05-2:10 |
| Dummy Drag | Under 5 sec | 5.01-8.99 sec | 9.0-12.99 sec | 13.0-16.99 sec | 17.0-20.99 sec | 21.0-24.99 sec | 20.0-22.99 sec | 23.0-25.99 sec | 26.0-27.0 sec |