

SCAM PREVENTION SEMINARS FOR SENIORS

Don't be an easy target for criminals! There are ways you can avoid scams and protect your money and personal information. Join us to learn tips to avoid fraudulent activity from happening to you.

Light refreshments to be provided.

No reservation required. For questions, please contact the Active Older Adult Program at 714-765-4511.

AVAILABLE SEMINARS

DOWNTOWN ANAHEIM COMMUNITY CENTER
250 E. CENTER ST., ANAHEIM 92805
WEDNESDAY, DECEMBER 8TH
10 AM

BROOKHURST COMMUNITY CENTER
2271 CRESCENT AVE., ANAHEIM 92801
TUESDAY, DECEMBER 14TH
10 AM



Sponsored in partnership by Anaheim Community Services Department, Anaheim Public Utilities, Anaheim Police Department, and the Anaheim Senior Citizen Commission.

We appreciate all that our community has done to avoid water waste in Anaheim. Our residents have become professionals at reducing and minimizing water waste. As dry conditions continue to impact California, we would like to remind you to keep up the good work! Keep implementing water-smart habits like checking for leaks, switching out old, water-wasting appliances for more efficient models, and watering only when needed.

If you'd like some help identifying your largest water consumers, give us a call and we'll conduct a water efficiency survey through our FREE Home Utility Check-Up. Our specialist will provide a detailed analysis of your indoor and outdoor water usage to help you identify opportunities for savings. We also offer a number of other programs and rebates designed to reduce water waste – and supply you with free water-efficient devices.

Schedule an appointment today at **714-831-0025**.



Active ADVANTAGE

FALL 2021



ILLUMINATE YOUR HOME

Your outdoor lighting is a very important component of the overall safety around your home. Having bright, long-lasting lighting can play a role in keeping unwanted guests away from your property while you're asleep or away. Having a well-illuminated property can also help avoid trips or falls when you have guests. Our Dusk-to-Dawn (D2D) program can provide you with free outdoor lighting to keep your home safe. The D2D fixtures give you two setting options. One is a motion sensor that turns the lights on when it detects movement and off after a few seconds or up to five minutes. The other automatically turns the lights on when the sun goes down and off when the sun comes up.



We offer all residents up to two free fixtures and LED light bulbs, and income-qualified customers may be eligible for free installation. Give us a call at **714-765-4250** for details.



ANAHEIM PUBLIC UTILITIES
201 S. ANAHEIM BLVD.
ANAHEIM, CA 92805

SENIOR WHEELS TRANSPORTATION PROGRAM

A senior citizen transportation service is available for all active adults age 60 years and older. Participants are required to reside within the City of Anaheim and may use the Senior Wheels Transportation Program for local transportation needs within a 10-mile radius of their home address. This program is provided in partnership with the Orange County Transportation Authority and available for access to non-emergency medical appointments, grocery shopping, mall shopping excursions, and visits to local libraries and community centers, among others within city limits. Availability and hours are subject to change.



Please call **714-765-4511** for an application or to receive more information.

CITY OF ANAHEIM GRAB AND GO FOOD PROGRAM

Through a partnership with Meals on Wheels Orange County, the City of Anaheim is offering a free drive through frozen meal distribution program at three locations throughout the City; Downtown Anaheim Community Center, Brookhurst Community Center, and East Anaheim Community Center. A frozen meal bag is provided to participating seniors and contains up to seven nutritious meal trays prepared by staff.



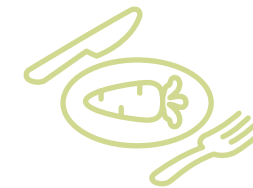
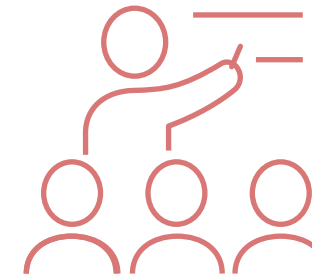
Available weekly for all seniors 60 years of age and older. Registration is required to participate, for more information please call **714-765-4511**.

ACTIVE OLDER ADULT PROGRAM



The City of Anaheim's Active Older Adult program provides a wide array of programs and services that benefit the health and wellbeing of Anaheim's older adults. The vision of the city's program is to provide residents 50 years and older with opportunities to engage, socialize, participate, and thrive through the provision of programs, services, activities, and events that encourage recreation, social engagement, and stimulate creativity to help deter loneliness and isolation.

Daily activities are provided at three senior citizen program centers and implemented under seven distinct categories: health/wellness programs, supportive services, fitness/recreation activities, educational workshops, nutrition programs, and transportation services. To receive more programming information please call **714-765-4511**.



EN ESPAÑOL

CUIDE SU AGUA

Apreciamos lo que ha hecho nuestra comunidad para evitar el mal uso de agua en Anaheim. A medida que las condiciones secas continúan afectando a California, nos gustaría recordarles que sigan implementando hábitos sostenibles. Verifique que no tenga fugas, cambie los electrodomésticos viejos que desperdician agua por modelos más eficientes y riegue solo cuando sea necesario.

Si desea ayuda para identificar sus mayores consumidores de agua, llámenos y realizaremos una encuesta de eficiencia del agua a través de nuestro Home Utility Check-Up. Nuestros especialistas le proporcionarán un análisis

de interiores y exteriores detallado su uso de agua para ayudarle a identificar oportunidades de ahorro. Programe una cita hoy al 714-831-0025.

INTERCAMBIO DE LUCES FESTIVAS

Acompáñenos al intercambio de luces festivas en el evento Holiday Lights Drive Thru el sábado 20 de noviembre. Estaremos distribuyendo luces festivas de bajo consumo a los residentes de Anaheim (límite de dos por hogar). A cambio de sus luces festivas viejas o una donación de juguete nuevo, le proporcionaremos dispositivos adicionales de bajo consumo para hacer que su hogar sea más sostenible. Regístrese hoy en ANAHEIM.NET/HOLIDAYLIGHTS

PROGRAMA DE TRANSPORTACIÓN PARA ADULTOS DE LA TERCERA EDAD

Residentes de Anaheim de 60 años o mayores tienen

acceso al programa de transporte Senior Wheels para las necesidades de transporte local. Este programa se proporciona en asociación con la autoridad de transporte del condado de Orange y está disponible el acceso a citas médicas, excursiones de compras en centros comerciales, visitas a bibliotecas locales, y centros comunitarios. Por favor llame al 714-765-4511 para recibir más información.

PROGRAMAS PARA ADULTOS MAYORES ACTIVOS

El programa de adultos mayores activos de la Ciudad de Anaheim ofrece varios servicios que benefician la salud y el bienestar de los adultos mayores de Anaheim. Este programa proporciona oportunidades para prosperar a través de programas, servicios, actividades y eventos que fomenten la recreación, la socialización, y que estimulen la creatividad para ayudar a evitar la soledad y el aislamiento. Las actividades se establecen en siete categorías distintas:

Programas de salud/bienestar, servicios de apoyo, actividades de acondicionamiento físico/recreación, talleres educativos, programas de nutrición, y servicios de transporte. Para más información llame al 714-765-4511.

PROGRAMA DE ALIMENTOS GRAB AND GO DE LA CIUDAD DE ANAHEIM

A través de una asociación con Meals on Wheels Orange County, la ciudad de Anaheim ofrece un programa de distribución de comida congelada en tres centros comunitarios; Downtown Anaheim Community Center, Brookhurst Community Center, y East Anaheim Community Center.

Disponible semanalmente para los residentes de 60 años de edad y mayores. Se requiere registrarse para participar. Para obtener más información, llame al 714-765-4511.